

**Uncontrollable Beauty | An Odyssey | Everything We Need Is Always With Us**  
Cheselyn Amato  
February 5th – February 28<sup>th</sup>, 2016

Sacramento Second Saturday Opening Reception: February 13<sup>th</sup> at 6-9 pm  
Closing Event: February 28<sup>th</sup>, Artist's Talk, 3:00-5 pm



Cheselyn Amato's first solo show at AXIS Gallery, *Uncontrollable Beauty*, is an interdisciplinary circumstance designed as a context for the experience of enchantment, wonderment, awe, and delight in the face of ever-present uncertainty. This is a walk in a forest of visual poetical episodes celebrating the power of positive thinking and feeling, and an invitation to active commitment to discerning and reaching for each our own fullest human potential. *Uncontrollable Beauty* is a heart song, a representation of the odyssey of living every day. Cheselyn's installation proposes that everything we need is always with us, and a part of our lives is always dedicated as a journey to recognize, know, receive, accept, and pursue our possibilities and opportunities, and how things go, all at once.

The Gallery space is transformed into a forest of unexpected passages...swooning, swaggering, billowing, twisting, spiraling, and flowing – both ecstatic and marking the somber too –with cascading fabric yardages of every which pattern and color scheme as well as articulations and punctuations of circular, oval, square, rectangular and hexagonal framed images, canvases, embroidery hoops, and mirrors organized like flocks of birds moving in

the sky, like patches of grasses in the marsh, a garden made of all that glitters, the way to the treasure and the treasure itself, one and the same always. Central to the experience - key to all truth, beauty, goodness, and courage – is the Great Heart by which thought, feeling and action can find best balance. And by our great heart, by listening to our hearts, we are each able to build mountains and climb them as we make them, until we reach our summits, the places that glitter and gleam – these are the grand mountains that are in fact ourselves. Our constructed selves – made by our labor and effort and toil – are represented by a mountain of words and stuff – paper pages and packaging material – collected over the course of a life lived every day. Surrounding the heart and the mountain that is our body, the viewer will encounter details – arrangements, groups, stands, patches and areas, a garden of delights and surprises, that, in encouraging the acts of noticing and paying attention, lingering and listening, invites the view to encounter and fully engage the self and the wild, mysterious reality of being.

**Cheselyn Amato** is a New Jersey girl with NYC at her core. She spent 20 years in Chicago before moving to Northern California where she currently lives in Davis. She earned her BA in studio art and comparative religious studies at Brown University and an MFA in drawing, painting and new genres at Tyler School of Art of Temple University. Most recently, her work was included in the Jerusalem Biennale 2015. Cheselyn is an interdisciplinary visual poet and transformation experience instigator/designer for sublimity, delight and awe.

For more information about the exhibition, event calendar/details, and gallery, call 847-840-6587 or email [cheselynamato@yahoo.com](mailto:cheselynamato@yahoo.com)

AXIS Gallery 625 S Street Sacramento, CA 95811  
Gallery Hours: Friday-Sunday, 12 noon – 5 pm

